

East Sac County **30th** Annual

Raider **Volleyball** Camps

Monday, August 1 through Thursday, August 4

Please find below, information and registration for the following camps. All camps will be held at:

East Sac County High School, Lake View, Iowa.

*Monday, August 1 through Thursday August 4, 8:00am- 12:30 pm and 5:00pm – 9:00pm depending upon age. Cost \$50 / person.

Session 3: High School Individual Skills Camp for girls entering grades 9, 10, 11, 12. Monday, August 1, and Tuesday, August 2, 2022, from 5:00 - 9:00 pm. High School Team Scrimmage Tournament: Varsity and JV Wednesday, August 3 and Thursday, August 4, Approximately 5:00 pm - 9:00 pm on both Wednesday, and Thursday.

Session 2: Upper Middle School Individual Skills Camp for girls entering grades 7 and 8. Monday, August 1 through Thursday August 4, 2022, 10:30 am - 12:30 pm

Session 1: Upper Elementary School / Lower Middle School Individual Skills Camp for girls entering grades 4, 5, 6 on Monday, August 1 – Thursday, August 4, 2022, 8:00 am – 10:00 am.

All girls entering grades 4, 5, 6 (Session 1); Grades 7, 8 (Session 2); Grades 9, 10, 11, 12 (Session 3) in the fall of 2022 are eligible to participate. A \$50 registration fee should accompany the registration form. Make checks payable to “Raider Volleyball”.

Free camp shirt included if registered by July 6, 2022. Brenda Olerich, head varsity coach for East Sac County, will direct these camps with help from the incoming senior players. The focus of these camps will be on fundamental skills for each particular skill area. Three full regulation courts will be available for use in two side-by-side gyms. A concession stand will be available for water, sports drinks, and snacks. All athletes should bring proper gym clothes and shoes (No Outside Shoes Allowed). All participants should have their own medical insurance. Neatly completed registration forms should be sent to: Brenda Olerich, PO Box 482 Lake View, IA 51450. If you have any questions contact me at: (712) 665 - 8736 Home, (712) 662 - 3259 School, or email bolerich@east Sac.k12.ia.us

School Team _____

Name _____

Home Address _____

City _____ Zip _____

Phone Number _____

School Grade This Fall _____

Session 3 (9-12) _____ Session 2 (7, 8) _____ Session 1 (4, 5, 6)

T-Shirt Size: (Youth) medium _____ (Youth) large _____

(Adult) small _____ (Adult) medium _____ (Adult) large _____

(Adult) X large _____