

## ESC Middle School Invite 2019 - 4/23/2019

Sac City  
Results**Girls 100 Meter Dash**

Name	Team	Finals
<b>Finals</b>		
1 Blum, Olivia	East Sac	13.23 10
2 Ryherd, Kiersten	Alta-Aurelia	13.63 8
3 Phillips, Taya	Ridge View R	13.90 6
4 Aschinger, Jennifer	East Sac	13.95 4
5 Winterrowd, Abby	Oabcig	14.25 2
6 hindt, addi	Southeast Va	14.39 1
--- decker, macie	Southeast Va	NT
--- Sheets, Tiffany	Pocahontas A	NT
--- Rumbo, Kayle	Pocahontas A	NT
--- Hanneman, Gracie	Oabcig	NT
--- Braun, Kenzie	Sec Titans	NT
--- Fritz, Olivia	Alta-Aurelia	NT
--- Else, Abby	Ridge View R	NT
--- Englin, Emma	Sec Titans	NT

**Girls 200 Meter Dash**

Name	Team	Finals
<b>Finals</b>		
1 Ryherd, Kiersten	Alta-Aurelia	27.88 10
2 Blum, Olivia	East Sac	27.91 8
3 Freese, Faith	Ridge View R	29.52 6
4 Jergens, Dahni	East Sac	30.73 4
5 davisson, becca	Southeast Va	31.40 2
6 Sheets, Tiffany	Pocahontas A	31.63 1
--- Endrulat, Jayley	Ridge View R	NT
--- Rumbo, Kayle	Pocahontas A	NT
--- weiland, paige	Southeast Va	NT
--- Becker, Sienna	Oabcig	NT
--- Behrendsen, Avery	Oabcig	NT
--- Bryant, Katie	Alta-Aurelia	NT
--- Gemberling, Alexa	Sec Titans	NT
--- Babcock, Mia	Sec Titans	NT

**Girls 400 Meter Dash**

Name	Team	Finals
<b>Finals</b>		
1 Engelmann, Brielle	Alta-Aurelia	1:05.74 10
2 Dutler, Shae	Ridge View R	1:06.49 8
3 Linde, Hailey	East Sac	1:07.95 6
4 Sheets, Tiffany	Pocahontas A	1:09.83 4
5 Schroeder, Alex	Oabcig	1:09.90 2
6 Sibenaller, Krista	Oabcig	1:11.97 1
--- Schuler, Kaitlyn	Pocahontas A	NT
--- Hansen, DeLainey	Ridge View R	NT
--- mills, breck	Southeast Va	NT
--- burger, erica	Southeast Va	NT
--- Schueneman, Abby	East Sac	NT
--- Aronson, Kelsie	Alta-Aurelia	NT
--- McKinney, Sophie	Sec Titans	NT
--- Henry, Malin	Sec Titans	NT

**Girls 800 Meter Run**

Name	Team	Finals
<b>Finals</b>		
1 Judisch, Chloe	Sec Titans	2:39.11 10
2 Gunkelman, Lucy	Alta-Aurelia	2:44.12 8
3 Jensen, Rowan	Ridge View R	2:46.69 6
4 Rohlf, Scout	Sec Titans	2:51.91 4
5 Vonnahme, Jenna	Pocahontas A	2:52.36 2
6 Schultz, Kiersten	Oabcig	2:53.49 1
--- parks, chloe	Southeast Va	NT
--- Stowater, Madison	Ridge View R	NT
--- Melohn, Paige	Pocahontas A	NT
--- butrick, brylie	Southeast Va	NT
--- Vaca, Ashley	East Sac	NT
--- Sibenaller, Krista	Oabcig	NT
--- Mills, Grace	Alta-Aurelia	NT
--- Gustavson, Jade	East Sac	NT

**Girls 1500 Meter Run**

Name	Team	Finals
<b>Finals</b>		
1 Gunkelman, Lucy	Alta-Aurelia	5:45.37 10
2 Stowater, Madison	Ridge View R	5:46.57 8
3 Schultz, Kiersten	Oabcig	5:52.58 6
4 Vohs, Jaycie	Ridge View R	5:56.16 4
5 Janssen, Carly	Pocahontas A	5:59.03 2
6 Duitscher, Akaysa	Pocahontas A	5:59.43 1
--- Smidt, Madi	Sec Titans	NT
--- scott, kenna	Southeast Va	NT
--- McCollough, Anna	East Sac	NT
--- Vaca, Aimee	East Sac	NT
--- Feis, Lydia	Alta-Aurelia	NT
--- Riat, Claire	Sec Titans	NT
--- Campbell, Tatiana	Oabcig	NT

**Girls 100 Meter Hurdles**

Name	Team	Finals
<b>Finals</b>		
1 Oberhelman, Abby	Pocahontas A	17.63 10
2 Batta, Riley	Sec Titans	17.81 8
3 Carroll, Kierstin	East Sac	18.78 6
4 Rumbo, Kayle	Pocahontas A	18.92 4
5 Fritz, Addison	Alta-Aurelia	19.59 2
6 Jacobson, Gwen	Oabcig	19.66 1
--- buenting, kalie	Southeast Va	NT
--- Schroder, Sara	Ridge View R	NT
--- Arnts, Emily	Alta-Aurelia	NT
--- redman, cecelia	Southeast Va	NT
--- Nielsen, Kenai	Oabcig	NT
--- Vondrak, Kate	East Sac	NT
--- Gottschalk, Chloe	Ridge View R	NT
--- Schultz, Madison	Sec Titans	NT

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Results

**Girls 200 Meter Hurdles**

Name	Team	Finals
<b>Finals</b>		
1 Oberhelman, Abby	Pocahontas A	32.92 10
2 Meyer, MaKenna	East Sac	32.95 8
3 Brummer, Maddy	Oabcig	33.86 6
4 Shepherd, Tatum	Ridge View R	34.23 4
5 Peterson, Shea	Alta-Aurelia	34.25 2
6 Fritz, Addison	Alta-Aurelia	35.43 1
--- lane, madison	Southeast Va	NT
--- Tiefenthaler, Jolynn	Ridge View R	NT
--- Oberhelman, Allie	Pocahontas A	NT
--- weiland, paige	Southeast Va	NT
--- Schmidt, Courtney	Oabcig	NT
--- Ludwig, Emily	East Sac	NT
--- Korthals, Taryn	Sec Titans	NT
--- Kistler, Lexi	Sec Titans	NT

**Girls 4x100 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 East Sac	A	54.90 10
2 Alta-Aurelia	A	57.64 8
3 Sec Titans	A	58.62 6
4 Oabcig	A	58.73 4
5 Ridge View Raptors	A	1:02.01 2
6 Southeast Valley	A	1:02.15 1
--- Pocahontas Area	A	NT

**Girls 4x200 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 East Sac	A	1:59.15 10
2 Alta-Aurelia	A	2:01.65 8
3 Ridge View Raptors	A	2:01.73 6
4 Oabcig	A	2:05.15 4
5 Pocahontas Area	A	2:08.11 2
6 Sec Titans	A	2:09.04 1
--- Southeast Valley	A	DQ

**Girls 4x400 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 Ridge View Raptors	A	4:38.48 10
2 East Sac	A	4:45.90 8
3 Southeast Valley	A	5:02.53 6
4 Pocahontas Area	A	5:08.12 4
5 Sec Titans	A	5:08.63 2
6 Oabcig	A	5:11.91 1
--- Alta-Aurelia	A	NT

**Girls 4x800 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 Ridge View Raptors	A	11:21.22 10
2 Sec Titans	A	11:27.24 8

3 Alta-Aurelia	A	11:28.60 6
4 East Sac	A	11:33.85 4
5 Pocahontas Area	A	11:37.65 2
6 Oabcig	A	11:56.24 1
--- Southeast Valley	A	NT

**Girls 800 Sprint Medley**

Team	Relay	Finals
<b>Finals</b>		
1 Alta-Aurelia	A	2:04.75 10
2 Ridge View Raptors	A	2:07.54 8
3 Oabcig	A	2:10.53 6
4 East Sac	A	2:11.12 4
5 Sec Titans	A	2:11.53 2
6 Pocahontas Area	A	2:15.22 1
--- Southeast Valley	A	NT

**Girls Distance Medley**

Team	Relay	Finals
<b>Finals</b>		
1 Ridge View Raptors	A	4:59.73 10
2 Oabcig	A	5:08.39 8
3 Pocahontas Area	A	5:11.07 6
4 East Sac	A	5:17.82 4
5 Sec Titans	A	5:19.94 2
6 Alta-Aurelia	A	5:29.03 1
--- Southeast Valley	A	NT

**Girls 4x100 Meter Shuttle Hurdle**

Team	Relay	Finals
<b>Finals</b>		
1 Pocahontas Area	A	1:18.59 10
2 Sec Titans	A	1:18.66 8
3 Ridge View Raptors	A	1:20.77 6
4 East Sac	A	1:20.90 4
5 Oabcig	A	1:24.28 2
6 Alta-Aurelia	A	1:24.78 1
--- Southeast Valley	A	NT

**Girls High Jump**

Name	Team	Finals
<b>Finals</b>		
1 rowley, jordyn	Southeast Va	J4-06.00 10
2 Ludwig, Emily	East Sac	J4-04.00 4
2 Stowater, Madison	Ridge View R	J4-04.00 2
2 Jessup, Jana	Alta-Aurelia	J4-04.00 6
2 Schueneman, Abby	East Sac	J4-04.00 8
6 Melohn, Paige	Pocahontas A	J4-02.00 1
--- Freese, Faith	Ridge View R	NH
--- Vonnahme, Jenna	Pocahontas A	NH
--- mills, breck	Southeast Va	NH
--- Schroeder, Alex	Oabcig	NH
--- Schnabel, Jillian	Oabcig	NH
--- Watts, Allison	Alta-Aurelia	NH
--- Monahan, Mollie	Sec Titans	NH
--- Babcock, Mia	Sec Titans	NH

## ESC Middle School Invite 2019 - 4/23/2019

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Results**Girls Long Jump**

	<b>Name</b>	<b>Team</b>	<b>Finals</b>
<b>Finals</b>			
1	Ryherd, Kiersten	Alta-Aurelia	14-01.00 10
2	Dutler, Shae	Ridge View R	13-05.00 8
3	Oberhelman, Abby	Pocahontas A	12-08.50 6
4	Pudenz, Hannah	East Sac	12-05.50 4
5	Loger, Jordyn	Oabcig	12-03.00 2
6	Schleisman, Kylee	Sec Titans	12-01.50 1
---	weiland, paige	Southeast Va	ND
---	brunner, ava	Southeast Va	ND
---	Sump, Megan	Pocahontas A	ND
---	Gunkelman, Lucy	Alta-Aurelia	ND
---	Meyer, MaKenna	East Sac	ND
---	Winterrowd, Abby	Oabcig	ND
---	Tiefenthaler, Jolynn	Ridge View R	ND

**Girls Shot Put**

	<b>Name</b>	<b>Team</b>	<b>Finals</b>
<b>Finals</b>			
1	kitchen, alex	Southeast Va	30-02.50 10
2	Jansma, Katie	East Sac	29-09.00 8
3	Clark, Ruth	Oabcig	26-03.50 6
4	Gustavson, Maci	East Sac	26-01.00 4
5	Hammen, Keira	Sec Titans	25-05.50 2
6	Jessup, Jana	Alta-Aurelia	24-11.00 1
---	butrick, brylie	Southeast Va	ND
---	Schossow, Kendra	Ridge View R	ND
---	Anderson, Julia	Pocahontas A	ND
---	Long, Katie	Pocahontas A	ND
---	Valdivinos, Monica	Alta-Aurelia	ND
---	Gritten, Izrael	Oabcig	ND
---	Mentzer, Beth	Ridge View R	ND
---	Geno, Addy	Sec Titans	ND

**Girls Discus Throw**

	<b>Name</b>	<b>Team</b>	<b>Finals</b>
<b>Finals</b>			
1	Hammen, Keira	Sec Titans	J85-02 10
2	kitchen, alex	Southeast Va	J78-08 8
3	Shepherd, Tatum	Ridge View R	J70-06 6
4	Jansma, Katie	East Sac	J69-05 4
5	Else, Abby	Ridge View R	J59-04 1
5	steck, hallie	Southeast Va	J59-04 2
---	Anderson, Julia	Pocahontas A	ND
---	Long, Katie	Pocahontas A	ND
---	Gustavson, Maci	East Sac	ND
---	Clark, Ruth	Oabcig	ND
---	Page, Raelee	Alta-Aurelia	ND
---	Peterson, Shea	Alta-Aurelia	ND
---	Smith, Elysia	Sec Titans	ND
---	Rigby, Mackenzie	Oabcig	ND